

COVID-19 New Mexico Disability Resource Links

1. New Mexico Department of Health (NMDOH) Coronavirus microsite (cv.nmhealth.org) and Spanish cv.nmhealth.org/spanish
 - a. Coronavirus Health Information Hotline: **1-855-600-3453**
 - i. [NMDOH: Public Information](#)
 - ii. [NMDOH: Travel: COVID-19 Self-Isolation Recommendations](#)
 - iii. [NMDOH: Information for Clinicians](#)
2. State of New Mexico (newmexico.gov)
 - a. For non-medical issues such as questions about the impact of school closures and job issues a new Coronavirus Information Hotline: **1-833-551-0518**
 - i. [Education](#)
 - ii. [Jobs and Economy](#)
 - iii. [Early Childhood](#)
 - iv. [State Service Impacted](#)
 - b. Seniors and Disabled Adults Food Access Hotline: **1-800-432-2080**
 - c. New Mexico Workers affected by COVID-19: **1-877-664-6986**
3. Older Adults and Seniors:
 - a. [New Mexico Aging and Long-Term Services Department: Changes as a Result of Coronavirus](#)
 - b. [American Association of Retired Persons \(AARP\)](#)
 - c. [New Mexico Planning Counsel](#)
 - d. [John A. Hartford: Coronavirus Disease \(COVID-19\) Resources for Older Adults, Family Caregivers and Health Care Providers](#)
 - e. [VIDEO 'Go Home!': Mel Brooks and son Max share a comedic PSA on the coronavirus](#)
 - f. Special Store Hours for older adults and those with compromised immunity:
 - i. Smiths 7:00AM to 8:00AM Monday, Wednesday and Friday
 - ii. Target: 7:00AM to 8:00AM Wednesday
 - iii. Albertsons First hour Open Monday – Thursday
 - iv. Dollar General First hour Open
4. Developmental Disabilities:
 - a. [New Mexico Developmental Disabilities Planning Counsel: COVID-19 Updates](#) (505)841-4519
 - b. [Green Mountain Self Advocate: Plain Language COVID-19](#)
5. Disability Rights:
 - a. [Disability Rights New Mexico: COVID-19](#)
6. Diabetes:
 - a. [Diabetes.org: Staying Health During COVID-19](#)

7. Multiple Sclerosis:
 - a. [Multiple Sclerosis Foundation: MS and coronavirus – What do you need to know?](#)
8. Mental Health:
 - a. [National Alliance on Mental Illness \(NAMI\): COVID-19 Important Information](#)
9. Blind and Low Vision:
 - a. [National Federation of the Blind Response to COVID-19](#)
10. United Cerebral Palsy:
 - a. [COVID-19 Response](#)
11. Kidney Disease:
 - a. [American Kidney Fund: Coronavirus, COVID-19 and kidney patients: what you need to know](#)
 - b. [Center for Medicare & Medicaid: Guidance for Infection Control and Prevention for Coronavirus Disease 2019 \(COVID-19\) in dialysis facilities](#)
12. Autism:
 - a. [Autismsociety: COVID-19 Preparedness and Resources](#)
13. Deaf and Hard of Hearing:
 - a. [New Mexico Commission for Deaf and Hard of Hearing](#)
 - b. [VIDEO What New Mexicans Need to Know About Coronavirus \(ASL\)](#)
 - c. [National Deaf Center: COVID-19 \(Important Information for community and agencies/schools\)](#)
 - d. [National Association of the Deaf \(Best Practices and Information\)](#)
14. Insurance, Social Security and Medicare, Medicaid:
 - a. [New Mexico BlueCross BlueShield: COVID-19](#)
 - b. [New Mexico Department of Health: Insurance Superintendent Guarantees Free COVID-19 Testing and Treatment for New Mexicans](#)
 - c. [Centers for Medicare & Medicaid Services: Coronavirus](#)
 - d. [CMS: Guidance for Infection Control and Prevention of Coronavirus Disease 2019 \(COVID-19\) In nursing homes](#)
 - e. [Social Security Administration COVID-19 Updates](#)
15. ADA National Network:
 - a. [Mid Atlantic ADA Center: Coronavirus Information and Resources](#)
16. Employment:
 - a. [New Mexico Center on Law and Poverty: 5 things you should know about your rights as a worker during Coronavirus](#)
 - b. [EEOC and ADA, Rehabilitation Act COVID-19](#)
 - c. [William Goren: The ADA and Coronavirus The Key Concepts](#)
 - d. [New Mexico Workforce Solutions: COVID-19](#)

- i. [Workforce Solutions Fact Sheet](#) and [Hoja de Hechos](#)

17. Teaching and Education:

- a. [New Mexico Public Education Department \(PED\): Coronavirus](#)
 - i. [PED and Students with Disabilities](#)
- b. [Albuquerque Public Schools: Information on COVID-19](#)
- c. Accessible Education:
 - i. [VIDEO: U.S. Department of Education Office of Civil Rights Short Webinar on Online Education and Website Accessibility](#)
 - ii. [Mapping Access: Accessible Teaching in the Time of COVID-19](#)
 - iii. [Disabilities, Opportunity Internetworking, and Technology: 20 Tips for Teaching an Accessible Online Course](#)
 - iv. [Equidox: Coronavirus and Accessible Education](#)
- d. [U.S. Department of Education and CDC: Questions and Answers on Providing Services To Children with Disabilities During Coronavirus Disease 2019 Outbreak](#)
- e. [U.S. Department of Education: COVID-19](#)
- f. [National Association of Social Workers: COVID-19](#)
- g. [Readiness and Emergency Management for Schools \(REMS\): COVID-19](#)
- h. [Perkins School for the Blind eLearning: Preparing for Virtual Instruction](#)
- i. <https://equidox.co/blog/coronavirus-and-accessible-education/>

18. Children and Childcare:

- a. [New Mexico Kids:](#)
 - i. [COVID-19 State Resources](#)
 - ii. [Childcare Search](#)
- b. [New Mexico Children, Youth and Families Department \(CYFD\): Child Care Eligibility, Guarantees, Payments for Child Care Providers During Public Health Emergency](#)
- c. [CYFD: Governors Orders agencies to develop child care plans](#)
- d. [Office of Administration of Children and Families](#)
- e. [CDC: Talking with children about Coronavirus Disease 2019: Messages for parents, school staff, and others working with children](#)
- f. [NPR: Coronavirus And Parenting: What You Need To Know](#)
- g. [NYT: What Are the Rules for Play Dates During the Coronavirus Crisis?](#)
- h. [Parenting during Coronavirus: What to know about play dates, education and more](#)
- i. [PBS: How to Talk to Your Kids About Coronavirus](#)
- j. [Albuquerque Journal: How to speak with kids about Coronavirus](#)
- k. [Albuquerque Public Schools Nursing Services Department: When is Too Sick for School \(video\) and](#)
 - i. [¿Cuando Está Demasiado Enfermo Su Hijo\(a\) para Ir a la Escuela? \(video\)](#)
- l. [Harvard Health Publishing: How to Talk to Children About the Coronavirus](#)
- m. [Childcare Aware of America: Coronavirus What Childcare Providers Need to Know](#)
- n. [American Academy of Pediatrics: Protecting Your Family From Coronavirus \(Covid-19\)](#)
- o. [U.S. Department of Health & Human Services: Office of Head Start: Coronavirus Prevention and Response](#)
- p. [Brain Pop: COVID-19 Video for Children – Brain Pop](#)

19. Domestic Violence:

- a. [Time: As Cities Around the World Go on Lockdown, Victims of Domestic Violence Look For A Way Out](#)
- b. [National Domestic Violence Helpline](#) 1-800-799-(SAFE)7233

20. General Information on COVID-19 and Disability:


- a. [Rotted in Rights: Disability Accommodations and Supports Can Help Everyone Prevent COVID-19](#)
- b. [Access: COVID-19 Information for Providers](#)
- c. [DisabledPerson.com: What Do People in the Disabled Community Need to Know](#)
- d. [Forbes: Things To Know About Coronavirus And People With Disabilities](#)
- e. [Center for Disability Rights: Action Steps for Attendant Service Users in Response to Coronavirus Disease 2019 \(COVID-19\)](#)
- f. [World Institute on Disability: National Call to Action](#)
- g. [Center of Research Excellence in Disability and Health: An Important Message About People with Disabilities and the COVID-19 Response](#)
- h. [AAPD: How The Disability Community Can Respond to COVID-19 – AAPD](#)
- i. [University of New Mexico: Center for Developmental Disability: Resource Navigator](#)

21. Center for Disease Control and Prevention cdc.gov –Important Selections:

- a. [CDC: COVID-19 Website \(English/Español/中文\)](#)
- b. [CDC: People At Risk For Serious Illness From COVID-19](#)
- c. [CDC: COVID-19: Long term Care Facilities, Nursing Homes](#)
- d. [CDC: Interim Guidance for Homecare](#)
- e. [CDC: Interim Guidance for Administrators of US Childcare Programs and K-12 Schools](#)
- f. [CDC: Guidance for Travelers](#)
- g. [CDC: Interim Guidance: Get Your Household Ready for COVID-19](#)
- h. [CDC: Resources for Colleges and Universities](#)
- i. [CDC: Interim Guidance for Businesses and Employers](#)
- j. [CDC: Interim Guidance for Risk Assessment and Public Health Management of Persons with Potential COVID-19 Exposure in Travel-associated or Community Settings](#)
- k. [CDC: Caring for Yourself at Home](#)
- l. [CDC: Children](#)
- m. [CDC: Talking with Children](#)
- n. [CDC: Resources for Community- and Faith-Based Leaders](#)
- o. [CDC: Interim Guidance for Public Health Professionals Managing People With COVID-19 in Home Care and Isolation Who Have Pets or Other Animals](#)
- p. The following is a list of coronavirus resources in various languages from:
 - i. [English](#) [Spanish](#) [Chinese](#) [Korean](#) [Amharic](#) [Burmese](#) [Karen](#) [Nepali](#)

22. Local Resources and Impacts:

- a. [City of Albuquerque: Coronavirus Impact on City Services](#)
- b. [City of Albuquerque: COVID-19 Albuquerque Economic Development](#)
- c. [Albuquerque Journal: Coronavirus In New Mexico](#)

23. World Health Organization:
 - a. [World Health Organization: COVID-19 Global Situation](#)
24. New Mexico Independent Living Centers:
 - a. [LILRU \(Independent Living Research Utilization\): COVID-19](#)
 - b. List of New Mexico Independent Living Centers [Independent NM Living Centers](#) and [Independent Living Centers COVID-19](#)
25. Crises and intervention:
 - a. [New Mexico Crisis Line](#)
26. Spinal Cord Injuries:
 - a. [Spinal Cord Injury Canada: COVID-19 Guidance for the Spinal Cord Injury Community](#)
27. New Mexico Twitter accounts to follow:
 - a. @NewMexicoAging
 - b. @GovMLG
 - c. @NMPED
 - d. @NMHSD
 - e. @NMDOH
28. NYT: The Coronavirus Outbreak:
 - a. [NYT: The Coronavirus Outbreak](#) free access to the most important news and useful guidance on the coronavirus outbreak to help readers understand the pandemic.
29. Environmental Protection Agency (EPA):
 - a. [EPA: list of disinfectants to fight COVID-19](#)
30. New Mexico Health Care Association:
 - a. [NMHCA/NMCAL Webinar presented by NMDOH, Department of Epidemiology on March 10 2020](#)
31. Local News and Impacts:
 - a. [New Mexico In Depth: COVID-19 Interactive New Mexico](#)
 - b. [Albuquerque Journal: Local hospitals launch drive-up COVID-19 testing » Albuquerque Journal](#)
 - c. [APS Identifies 89 Sites for Student Meal Pick-ups — Albuquerque Public Schools](#)
 - d. [Santa Fe New Mexican: Health insurers must provide free COVID-19 tests, care under gov's order](#)
 - e. [Santa Fe New Mexican: Amid crisis, New Mexico schools embrace digital learning](#)
 - f. [Santa Fe New Mexican: Coronavirus: Postponements, cancellations, closures](#)
 - g. [New Mexico Political: Report COVID-19](#)
 - h. [Santa Fe New Mexican: Coronavirus: Postponements, cancellations, closures, March 15, 2020](#)
 - i. [Las Cruces Sun News: COVID-19](#)
 - j. [University of New Mexico News Room: Latest Development in COVID-19](#)

- k. [Las Cruces Sun: COVID in New Mexico: Here's what we know now](#)
- l. [KRQE: New Mexico Meals Sites – Complete List](#)
- m. [KRQE: New Mexico resources for seniors due to coronavirus outbreak](#)
- n. [KOB: Coronavirus In New Mexico](#)

32. New York City: COVID-19 Guides:

- a. [General Disinfection Guidance for Commercial or Residential Buildings](#)
- b. [Guidance for People Who May Have an Increased Risk for Severe Coronavirus Disease 2019 \(COVID-19\)](#)
- c. [Coronavirus Disease \(COVID-19\) General Disinfection Guidance for Non-Healthcare Settings Interim COVID-19](#)
- d. [Guidance for Homeless Shelters](#)
- e. [Interim COVID-19 Guidance for Congregate Settings](#)
- f. [COVID-19 Guidance for Congregate Settings](#)
- g. [Frequently Asked Questions \(FAQ\) for the Coronavirus Disease 2019 \(COVID-19\) for NYC Schools and Families](#)
- h. [2019 Novel Coronavirus \(2019-nCoV\) FAQ for Businesses and Employers](#)
- i. [Novel Coronavirus \(COVID-19\) Update for NYC Businesses](#)
- j. [Interim 2019 Novel Coronavirus Colleges and Universities](#)